



IYCNCNCON & HMBCON 2022

12th Annual National Conference of
Infant & Young Child Feeding Chapter of IAP
&

8th International Conference of
Human Milk Banking Association (India)

PRE-CONFERENCE WORKSHOP : 18th November 2022; 9:00am to 5:00 pm

CONFERENCE : 19th -20th November 2022; 9:00am to 5:00 pm

Jointly organized by Department of Pediatrics & Neonatology,
Lady Hardinge Medical College, New Delhi and IAP Delhi

Venue: Swarn Jayanti Auditorium,
Lady Hardinge Medical College, New Delhi

Theme:

Optimal Nutrition: Miles to go.....



Organizing Chairperson
Dr Sushma Nangia

Chairperson, Scientific Committee
Dr Anju Seth

Co-Organizing Chairpersons
Dr Deepak Gautam
Dr Anurag Agarwal

Organizing Secretaries
Dr Praveen Kumar
Dr Pankaj Garg

Email Id: iycfhmb2022@gmail.com | Whatsapp No: 9711619672





IYCNCON & HMBCON 2022

Patrons



Dr Virendra Kumar
Director, LHMC & Assoc. Hospitals



Dr R K Agarwal



Dr C R Banapurmath



Dr Ketan Bharadva

Central IAP



Dr Remesh Kumar
President-CLAP



Dr Upendra Kinjawadekar
President Elect-CLAP



Dr Vineet K Saxena
Sec General-CLAP

IYCF Chapter-National Office Bearers



Dr Satish Tiwari
Chairperson



Dr Kanya Mukhopadhyay
Hon Secretary

HMBAI-National Office Bearers



Dr Rajinder Gulati
Chairperson



Dr Aarti Kinikar
Hon Secretary

IYCF-State Office Bearers



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IAP Delhi Chapter Office Bearers



Dr Deepak Gautam
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Dr Anurag Agarwal
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Dr Pankaj Garg
General Secretary

Organizing Chairperson



Dr Sushma Nangia

Scientific Committee Chairperson



Dr Anju Seth

Organizing Secretary



Dr Praveen Kumar



Dr Pankaj Garg

Co-Organizing Secretary



Dr Ankit Goel Sharma



Dr Gunjana Kumar

Scientific Committee Members



Dr Jayant Shah
Co-Chairperson



Dr Aarti Kinikar
Co-Chairperson



Dr Kanya Mukhopadhyay
Co-Chairperson



Dr Ashish Jain
Co-Chairperson



Dr Srikanta Basu



Dr Ajay Gaur



Dr Sanjay Prabhu



Dr R Somasekar

1st Pre-conference Workshop Agenda

Identification and Management of Early Growth Failure (MAMI Care Pathway)

Organized by National Centre of Excellence for SAM Management supported by UNICEF, India

Venue: Lecture Hall, Old Building 1st Floor Kalawati Saran Children's Hospital, Bangla Sahib Marg, New Delhi

18th November 2022; 9:00 am – 5:00 pm

Convener: Dr MMA Faridi

Pre-conference workshop coordinator: Dr Anju Seth and Dr Praveen Kumar

S.No	Time	Topic	Speakers	Chairperson
1.	09:00am-09:30am	Registration		
2.	09:30am-10:00am	Inauguration		
3.	10:00am- 10:45am	Introduction and Identification of Early growth failure / at nutritional risk infants	Dr Praveen Kumar, Delhi	Dr Simin Irani, Mumbai Dr S. Manazir Ali, UP
4.	10:45am-11:30am	Assessment and management of breastfeeding and feeding practices	Dr Sanjay Prabhu, Mumbai	
	11:30am-11:40am	Tea Break		
5.	11:40am-12:20pm	Assessment and management of Maternal Nutrition/Health Status	Dr Alka Mathur, Delhi	Dr Simin Irani, Mumbai Dr S. Manazir Ali, UP
6.	12:20pm-01:00pm	Assessment and management of Maternal Psychosocial Status	Dr Prerna Kukreti, Delhi	
	01:00pm-02:00 pm	Lunch Break		
	Hands-on Skill stations- Participants will rotate through all skill stations			
7.	02:00pm-02:45 pm	Skill Station 1 - Identification of EGF: Anthropometric Measurements and calculation of SD scores, interpretation of growth charts	Dr Praveen Kumar, Delhi Dr Anil Kr Tiwari, Patna Ms Shivani Rohatgi, Delhi	
8.	02:45pm-03:30 pm	Skill Station 2 - Assessment of breastfeeding and feeding practices- positioning and attachment, feeding techniques	Dr Sanjay Prabhu, Mumbai Dr R.L. Suman, Udaipur Ms. Purnima Arora, Delhi	
9.	03:30pm-04:15 pm	Skill Station 3 - Assessment of maternal nutrition (anthropometry, calculating BMI), health and psychosocial status	Dr Alka Mathur, Delhi Dr B. Dakshayani, Bangalore Ms. Shikha Sayal, Delhi	
10.	04:15pm-05:00 pm	Skill Station 4 - Decision making and counselling as per nutritional risk assessment (Role play)	Dr A.K. Rawat, MP Dr Asha Kiran, Ranchi Dr Deepshikha Singh, Delhi	

2nd Pre-conference Workshop Agenda

Nutritional care of small babies and Helping mothers with Lactational Problems

Organized by Department of Neonatology, Lady Hardinge Medical College & Supported by WHO, India

Venue: Swarna Jayanti Auditorium, LHMC, New Delhi

18th November 2022; 9:00 am – 5:00 pm

Convener: Dr MMA Faridi

Pre-conference workshop coordinator: Dr Sushma Nangia

S.No	Timings	Topic	Speakers
1	09:00 am-09:30 am	Registration	
2	09:30 am-10:00 am	Preterm feeding – What is optimal nutrition for preemies?	Dr Kanya Mukhopadhyay, Chandigarh
3	10:00 am-10:40 am	Early total enteral feeding- Time to gear up with feeds	Dr Sushma Nangia, Delhi
4	10:40 am-11:15 am	Challenges associated with breastfeeding- Initiatives to improve success of breastfeeding	Dr Anita Gupta, Delhi
	11:15 am-11:45 am	Tea Break	
5	11:45 am-12:20 pm	Human milk banking	Dr Sandhya Khadse, Maharashtra
6	12:20 pm-01:00 pm	Role of lactational counsellors to improve MOM in NICU	Dr Shailaja Mane, Pune
	01:00 pm-02:00 pm	Lunch Break	
Hands-on Skill stations- Participants will rotate through all skill stations			
7	02:00 pm-02:30 pm	Skill Station 1 A. Manual Expression of breastmilk B. Advanced lactational skills including milk expression using a breast pump	Sister Abha Sister Nishi
8	02:30 pm-03:00 pm	Skill Station 2 A. Feeding techniques in NICU – Paladi/Spoon feeds, orogastric feeds B. Feeding in special situation like cleft lip and palate	Sister Shalini Rawat Sister Laxmi Kumari
9	03:00 pm-03:30 pm	Skill Station 3 A. Technique of breastfeeding B. Feeding in mothers with lactational problems	Dr Anita Gupta, Delhi Sister Anchala, Delhi
10	03:30 pm-04:00 pm	Skill Station 4 A. Setting of milk bank B. Screening pasteurization and dispensing technique	Dr Sandhya Khadse, Maharashtra Dr Shailaja Mane, Pune

3rd Pre-conference Workshop Agenda

Helping mothers in improving quality of Complementary feeding

Organized by Department of Pediatrics, Maulana Azad Medical College & Supported by Alive & Thrive

Venue: Maulana Azad Medical College, New Delhi

18th November 2022; 9:00 am – 5:00 pm

Convener: Dr MMA Faridi

Pre-conference workshop coordinator: Dr Anurag Agrawal

Faculty: Dr MMA Faridi, Dr Anurag Agrawal, Dr Arun Gupta, Dr Kanya Mukopadhyay,

Dr C.R. Banapurmath, Dr Surendra Bisht, Dr JP Dadhich

S.No	Timings	Topic	Speakers
1	09:00 am-10:00 am	Registration	
2	10:00 am-10:30 am	Complementary feeding – a missing link to Breastfeeding	Dr MMA Faridi, Delhi
3	10:30 am-11:30 am	Variety, quantity, consistency and frequency of complementary feeding	
4	11:30 am-12:00 noon	FAQs by parents: complementary feeding	Dr Anurag Agrawal, Delhi
5	12:00 noon-12:30 pm	Commercial complementary foods	Dr Arun Gupta, Delhi
6	12:20 pm-01:15 pm	Do we have evidence for complementary feeding to preterm infants?	Dr Kanya Mukopadhyay, Chandigarh
	01:00 pm-02:00 pm	Lunch Break	
	02:00 pm-02:30 pm	Listening and learning skills	Dr MMA Faridi, Delhi
	02:30 pm-03:00 pm	Confidence building skills	Dr JP Dadhich, Delhi
Hands-on Skill stations- Participants will rotate through all skill stations			
7	03:00 pm-03:30 pm	Skill Station 1 : Taking History	Dr C.R. Banapurmath, Karnataka
8	03:30 pm-04:00 pm	Skill Station 2 : Making meals for infants	Dr MMA Faridi, Delhi
9	04:00 pm-04:30 pm	Skill Station 3 : Feeding Strategy demo -Controlled feed -Responsive feed	Dr Kanya Mukopadhyay, Chandigarh
10	04:30 pm-05:00 pm	Skill Station 4 : Counseling for complementary feeding	Dr Surendra Bisht, Delhi

SCIENTIFIC SESSION

Jointly organized by Lady Hardinge Medical College and Associated Kalawati Saran Children's Hospital, New Delhi, IAP Delhi

in collaboration with

WHO-India, UNICEF-India, Alive and Thrive and Save the children

Venue: Swarna Jayanti Auditorium, LHMC, New Delhi

19th – 20th November 2022

Day 1 (19th November, 2022)

Time	Topic	Speaker	Chairpersons
08:00 am-09:00 am	Registration		
Session - 1: Feeding recommendations for at risk neonates & infants (Supported by WHO-India)			
09:00 am-09:20 am	Infant & Young Children Feeding Indicators-Where do we stand ?	Dr Balraj Yadav, Gurugram	- Dr Simin Irani, Maharashtra - Dr Geeta Khanna, Dehradun - Dr Deepti Agrawal WHO-India - Dr S Laishram, Manipur
09:20 am-09:40 am	Nutritional care of high-risk babies (Premature, SGA & SNCU graduates)	Dr Sushma Nangia, Delhi	
09:40 am-10:00 am	Optimizing donor human milk uses	Dr Aarti Kinikar, Pune	
10:00 am- 10:15 am	Questions, comments		
Session 2			
10:15 am-11:00 am	Panel Discussion - Protecting & Promoting IYCF practices in difficult situations - Emergencies - Working mothers - Maternal illnesses - Mothers with milk insufficiency	Moderator Dr Anurag Agrawal, Delhi Panelists: Dr Sanjay Prabhu, Maharashtra Dr Shacchee Baweja, Delhi Dr Zeeba Zaka-ur-Rab, Aligarh Dr K Kesavulu, AP Dr Deepak Gautam, Delhi	- Dr Rani Gera, SJH, Delhi - Dr Girish Charde, Nagpur - Dr Anurag Tomar, Jaipur
11:00 am-12:00 noon	Dr Nirmal a Kesarree Oration	Dr C R. Banapurmath, Karnataka	- Dr Satish Tiwari, Chairperson, IYCF Chapter - Dr Kanya Mukopadhyay - Secretary, IYCF Chapter
12:00 noon-12:45 pm	INAUGURATION		
Session 3			
12:45 pm-01:15 pm	Infant Nutrition and Adult Onset NCDs	Dr Anju Seth, Delhi	- Dr S.K.Rasania, Delhi - Dr Anju Agrawal, Delhi - Dr Pankaj Garg, Delhi
01:15 pm-02:00 pm	Lunch		
Session 4			
02:00 pm-02:45 pm	Panel discussion - Adequacy of complementary feeding – challenges & solution	Moderator Dr KV Raghunath Speakers Dr MMA Faridi, Delhi Dr Jayant Shah, Maharashtra Dr AK Rawat, MP Dr Anita Gupta, Delhi	- Dr Srikanta Basu, Delhi - Dr Surabhi Goverdhan, Nagpur - Dr Sebanti Ghosh, Alive & Thrive
02:45 pm-03:30 pm	Hyderabad Action Plan: Recent Advances on Technological Solutions to Improve IYCF Practices and The Way Forward in Generating Scientific Evidences in India	Dr Rupal Dalal, Maharashtra	- Dr Rajinder Gulati Chairperson, HMBA - Dr Aarti Kinikar Secretary HMBAI



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Jointly organized by Department of Pediatrics & Neonatology,
Lady Hardinge Medical College, New Delhi and IAP Delhi

18th-20th November, 2022

Venue: Lady Hardinge Medical College, New Delhi

Name: _____

Category: Non IAP Member [] IAP Members [] PG Student [] Nutritionist [] Staff Nurse [] UG Students []
Lactation Counsellor

Designation: _____ IAP Membership No.: _____

Organization/ Institute/ College: _____

Postal address: _____

City _____ State _____ Email ID: _____

Tel/ Mob No: _____ Signature: _____

Pre-conference workshop: Yes/No: If Yes, tick below (30 seats in each group on first cum first basis)

- | | |
|---|-----|
| 1. Identification and Management of Early Growth Failure (MAMI Care Pathway) at LHMC | [] |
| 2. Nutritional care of small babies and Helping Mothers with Lactational problems at LHMC | [] |
| 3. Helping mothers in improving Quality of Complementary Feeding at MAMC | [] |

Registration Fees*

For	Pre Conference Workshop# 18th Nov 2022	Conference (19 th - 20 th November 2022)		
		Early bird registration (Till 31 st Oct 2022)	1 st Nov-17 th Nov 2022	On the spot
Non-IAP	1000	3000	3500	4000
IAP	1000	2500	3000	3500
PG students	1000	2000	2500	3000
Nutritionist/ Staff Lactation Counsellor Nurse/ UG Students	500	1500	2000	2500

#For registering in pre-conference workshop, registration for main conference is mandatory.

Account Details

A/c Name: IYCF Chapter of IAP

A/c no.: 5296294857

Bank : Central Bank of India, LHMC branch, New Delhi

IFSC Code: CBIN0283462

PAN No.: AAAT9197C

	Amount Paid
Pre-conference	
Conference	
Total Amount	

Ch. No/ DD No./ UTR No. for NEFT/ IMPS	Dated	Amount	Name & IFSC Code of Bank from which payment done

*Please send the complete registration form along with the copy of receipt to iycfhmb2022@gmail.com or Whatsapp no. 9711619672.

*If sending by DD, please send the complete registration form and DD in favour of "IYCF Chapter of IAP", payable at New Delhi and post it to The Organizing Secretary (IYCNCON & HMBCON 2022), Department of Neonatology, R.No. 335, 3rd Floor New Building, Kalawati Saran Children's Hospital, Bangla Sahib Marg, New Delhi 110 001.





ICYNCON & HMBCON 2022

ICYNCON & HMBCON 2022 Organizing Committee

Patrons

Dr Virendra Kumar
Dr R K Agarwal
Dr C R Banapurmath
Dr Ketan Bharadva

Advisors

Dr Remesh Kumar
Dr Upendra Kinjawadekar
Dr Vineet K Saxena

IYCF-National Office Bearers

Dr Satish Tiwari
Dr Kanya Mukhopadhyay

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Dr Dinakar More
Dr Elizabeth KE
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Organizing Chairperson

Dr Sushma Nangia

Scientific Committee Chairperson

Dr Anju Seth

Co-organizing Chairperson

Dr Deepak Gautam
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Dr Pankaj Garg

Organizing Secretaries

Dr Praveen Kumar
Dr Pankaj Garg

Co-organizing Secretaries

Dr Ankita Goel Sharma
Dr Gunjana Kumar

Scientific Committee Co-chairperson

Dr Jayant Shah
Dr Aarti Kinikar
Dr Kanya Mukhopadhyay
Dr Ashish Jain

Scientific Committee Members

Dr Jayant Shah
Dr Srikanta Basu
Dr Ajay Gaur
Dr Sanjay Prabhu
Dr R Somasekar

Finance Committee

Dr Deepak Gautam
Dr Srikanta Basu
Ms Lata Dubey

Registration and Reception Committee

Dr Ajay Kumar
Dr Sonia Makhija
Ms Nikita Arya
Dr Surabhi Nayak
Dr Deepshikha Singh

Venue/ AV Committee

Dr Pankaj Garg
Dr Ankita Goel Sharma
Ms Shivani Rohatgi
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Dr Barada Mahapatra
Mr Vikas

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